

**4th International Conference of the Saudi Society of Maternal–Fetal Medicine, scheduled  
for 10-11 April 2026 in Crowne Plaza Riyadh RDC Hotel & Convention Center**

**Day 1: 10 April 2026**

**TIME**

07:00 - 08:00

**PROGRAM**

REGISTRATION

**SPEAKER**

ALL PARTICIPANTS

08:00 – 08:30

WELCOME / ISUOG  
PRESENTATION

Dr. Yasser Sabr (KSA-R)

**SESSION ONE: FETAL MANAGEMENT**

**CHAIRPERSONS**

Dr. Yaser Faden / Dr. Eman AlSulmi

08:30 – 08:50

FGR: Management Update

Dr. Hisham Mirghani (UAE)

08:50 – 09:10

How to Assess Fetal Growth in  
Twins?

Prof. Asma Khalil (UK)

09:10 – 09:30

Fetal Genital Urinary  
Abnormalities

Dr. Mounira A.Habli (USA)

09:30 – 09:50

NIHF: Stepwise Management

Prof. Mohamed Kamal (EGY)

09:50 – 10:00

DISCUSSION

ALL SPEAKERS & PARTICIPANTS

10:00 – 10:15

COFFEE BREAK

ALL SPEAKERS & PARTICIPANTS

**SESSION TWO: CRITICAL CARE OBSTETRICS**

**CHAIRPERSONS**

Dr. Hesham Arab / Dr. Samiha Al Awami

10:15 – 10:35

Sepsis in Obstetric Patients: Early  
Recognition and Prompt  
Management to Improve Outcomes

Dr. Daniela Vasquez (ARG)

10:35 – 10:55

Critical Care in Obstetrics: Past  
and Future!

Dr. Hythem Al Sum (KSA-R)

10:55 – 11:15

Sickle Cell Disease in Pregnancy:  
Silent Killer!

Dr. Nada Al Ayed (KSA-R)

11:15 – 11:25

DISCUSSION

ALL SPEAKERS & PARTICIPANTS

11:25 – 12:30

PRAYER, EXHIBITION, & LUNCH  
BREAK

ALL SPEAKERS & PARTICIPANTS

**SESSION THREE: MULTIFETAL GESTATION, MULTIPLE ISSUES!**

**CHAIRPERSONS**

Dr. Nadia Al Ghilan/ Dr. Nada Al Ayed

12:30 – 12:50

Discordance in Twins: Benign or  
Ominous Sign!

Prof. Asma Khalil (UK)

12:50 - 13:10

Cerclage in Multifetal Gestation:  
Where We Stand?

Dr. Samiha Al Awami (KSA-D)

13:10 –13:30

Twins: TTTS vs TAPS

Prof. Asma Khalil (UK)

13:30 – 13:40

DISCUSSION

ALL SPEAKERS & PARTICIPANTS

**SESSION FOUR: FETAL DIAGNOSIS**

**CHAIRPERSONS**

Dr. Mahasen Al Nassar / Dr. Hythem Al Sum

13:40 – 14:00

The Evolving Role of Genetics in  
Reproductive Medicine

Dr. Malak Al Ghamdi (KSA-R)

14:00 – 14:20

Prenatal Diagnosis: Where Are  
We At?

Dr. Alya Al Kaff (KSA-J)

14:20 – 14:40

Non-Invasive Prenatal Testing  
(NIPT): What Should You Tell You  
Patient?

Dr. Hatem Mousa (UK)

14:40 – 14:50

DISCUSSION

ALL SPEAKERS & PARTICIPANTS

14:50 – 15:00

COFFEE BREAK

ALL SPEAKERS & PARTICIPANTS

**SESSION FIVE: FETAL THERAPY**

**CHAIRPERSONS**

Dr. Maha Tulbah / Dr. Sahar Abdulghani

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15:00 – 15:20	Advances in Fetal Therapy: New Trends, Ethical Issues and Complications	Dr. Mounira A.Habli (USA)
15:20 – 15:40	Fetal Chest Masses: Diagnosis and Intervention	Dr. Alyaa AlRefai (KSA-J)
15:40 – 16:00	Approach to Skeletal Anomalies	Dr. Hisham Mirghani (UAE)
16:00 – 16:10	DISCUSSION	ALL SPEAKERS & PARTICIPANTS
<b>SESSION SIX: MANAGEMENT UPDATE</b>		
<b>CHAIRPERSONS</b>		
	Dr. Yasir Katib / Saad Al Shamrani	
16:10 – 16:30	Ultrasound in the Labour Ward	Prof. Rasha Kamel(EGY)
16:30 – 16:50	Cesarean Scar Pregnancy	Prof. Sherif Negm(EGY)
16:50 – 17:10	Postpartum Hemorrhage: occult bleeding	Dr. Daniela Vasquez (ARG)
17:10 – 17:20	DISCUSSION	ALL SPEAKERS & PARTICIPANTS
17:20	CLOSING REMARKS	Dr. Yasser Sabr (KSA-R)

**Day 2 :11 April 2026**

<b>TIME</b>	<b>PROGRAM</b>	<b>SPEAKER</b>
07:00 - 07:45	REGISTRATION & INTRODUCTION	ALL PARTICIPANTS
07:45 – 08:00	WELCOME	Dr. Yasser Sabr (KSA-R)
<b>SESSION ONE: PUTTING THE M BACK TO MFM</b>		
<b>CHAIRPERSONS</b>		
	Dr. Rubina Khan/ Dr. Wajeih Al Aali	
08:00 – 08:20	Critically Ill Obstetric Patients	Dr. Daniela Vasquez (ARG)
08:20 – 08:40	The Complex Triad of Diabetes, Obesity, and Pregnancy	Dr. Hesham Arab (KSA-J)
08:40 – 09:00	HTN Management in Pregnancy: NEW GUIDELINES	Dr. Mounira A.Habli (USA)
09:00 – 09:20	Peripartum Cardiomyopathy: Are We Close to Solving the Puzzle?	Dr. Eman Al Sulmi (KSA-D)
09:20 – 09:30	DISCUSSION	ALL SPEAKERS & PARTICIPANTS
<b>SESSION TWO: MFM FOR OBSTERICIANS</b>		
<b>CHAIRPERSONS</b>		
	Prof. Wesam Kurdi / Dr. Hesham Arab	
09:30 – 09:50	Prevention of Preterm Birth: Options Revisited	Dr. Wajeih Al Aali (KSA-R)
09:50 – 10:10	Analgesia During Labour: Anaesthetist Perspective	Dr. Adel Al Qarni (KSA-R)
10:10 – 10:30	Obesity and Pregnancy	Dr. Khalid Al Ayed (KSA-R)

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10:30 – 10:40	DISCUSSION	ALL SPEAKERS & PARTICIPANTS
10:40 – 10:50	COFFEE BREAK	ALL SPEAKERS & PARTICIPANTS

**SESSION THREE: FETAL MEDICINE**

**CHAIRPERSONS**

Dr. Ahmed Kurdi / Dr Yasir Katib

10:50 - 11:10	Elective Induction of Labor at 39 Weeks: Are We Ready?	Prof. Wesam Kurdi (KSA-R)
11:10 – 11:30	Timing of Deliveries of Fetal Anomalies	Dr. Mounira A.Habli (USA)
11:30 – 11:40	Controversial Findings in Ultrasound: What to Do?	Prof. Mohamed Kamal (EGY)
11:40 – 11:50	DISCUSSION	ALL SPEAKERS & PARTICIPANTS
11:50 – 13:00	PRAYER & LUNCH	ALL SPEAKERS & PARTICIPANTS

**SESSION FOUR: IT IS ALL ABOUT THE PLACENTA**

**CHAIRPERSONS**

Dr. Eman Al Sulmi / Dr. Samiha Al Awami

13:00 – 13:20	Maternal Hemodynamic Changes and Placental Mediated Disease: The Place for Aspirin Use	Dr. Hatem Mousa (UK)
13:20 – 13:40	Placenta Accreta Spectrum	Dr. Khalid Al Wadi (KSA-R)
13:40 – 14:00	Perinatal and Placental Pathology	Dr. Khaldoon AlJerman(KSA-R)
14:00 – 14:15	Maternal Nutrients Supplement	Dr. Hesham Arab (KSA-J)
14:15 – 14:25	DISCUSSION	ALL SPEAKERS & PARTICIPANTS

**SESSION FIVE: EVIDENCE-BASED OBSTETRIC PRACTICE**

**CHAIRPERSONS**

Dr. Yaser Faden / Dr. Nadia Al Ghilan

14:25 – 14:45	Enhanced Recovery in Obstetrics	Dr. Amina Butt (KSA-R)
14:45 – 15:05	Recurrent Pregnancy Loss: An Update!	Prof. Rasha Kamel (EGY)
15:05 – 15:25	MgSo4 for Fetal Neuroprotection: Optimal Gestation	Dr. Yasir Katib (KSA-J)
15:25 – 15:45	Management of Polyhydramnios: SMFM Guidelines	Dr. Sahar Abdulghani (KSA-R)
15:45 – 16:05	IBD in Pregnancy: An Update!	Dr. Hatoon Al Taifi (KSA-R)
16:05 – 16:15	DISCUSSION	ALL SPEAKERS & PARTICIPANTS
16:15	CLOSING REMARKS	Dr. Yasser Sabr (KSA-R)